WORLD PILATES CONFEDERATION

WPC

CONSTITUTION AND BYLAWS

Official Governance Document – 2026

International Governing Body for Pilates Development, Education and Heritage Preservation

Founded: 2007

Headquarters: Mönchengladbach, Germany

International Membership: 80 Member Countries (2026)

Official Website: www.worldpilatesconfederation.com

Official Email: worldpilates.c@gmail.com

PREAMBLE

The World Pilates Confederation (WPC) is an international organization established in 2007 in Mönchengladbach, Germany, with the purpose of promoting, developing, coordinating, and supporting the practice, education, professional standards, and international recognition of Pilates.

The Confederation recognizes the historical contribution of Joseph Hubertus Pilates and Clara Pilates to the development of the Pilates method and is committed to preserving the authenticity, principles, philosophy, and heritage of Pilates while supporting responsible scientific, educational, and professional development.

The World Pilates Confederation seeks to establish international cooperation among national Pilates organizations, educational institutions, professional instructors, and recognized Pilates representatives.

The Confederation operates through its international governance structure, member countries, executive leadership, technical committees, educational divisions, and continental representatives.

This Constitution establishes the fundamental principles, organizational structure, membership regulations, administrative responsibilities, and operational framework of the World Pilates Confederation.

ARTICLE 1

NAME, ESTABLISHMENT AND HEADQUARTERS

Official Name

The official name of the organization shall be:

World Pilates Confederation (WPC).

Establishment

The World Pilates Confederation was established in 2007.

1.3 Headquarters

The headquarters of the Confederation shall be located in:

Mönchengladbach, Germany.

International Character

The WPC is an international organization dedicated to the development and coordination of Pilates activities worldwide.

Its activities shall be conducted through cooperation with national organizations, member countries, international representatives, educational institutions, and professional committees.

1.5 Official Languages

The official administrative language of the Confederation shall be English.

The Confederation may use additional languages for educational, administrative, and communication purposes.

Official Identity

The Confederation shall operate under its official name, logo, visual identity, and institutional documents.

The use of the WPC name, logo, certificates, and official documentation shall be subject to the regulations established by the Confederation.

ARTICLE 2

MISSION, VISION AND OBJECTIVES

2.1 Mission

The mission of the World Pilates Confederation is to promote the international development of Pilates through education, professional cooperation, scientific advancement, ethical practice, and the preservation of Pilates heritage.

2.2 Vision

The vision of the WPC is to become a respected international platform for Pilates development, education, professional standards, international cooperation, and the advancement of Pilates worldwide.

2.3 Objectives

The objectives of the Confederation shall include:

1. Promoting the international development and recognition of Pilates.
2. Preserving the historical heritage, philosophy, and fundamental principles of Joseph and Clara Pilates.
3. Supporting the establishment and development of national Pilates organizations.
4. Encouraging international cooperation among member countries.
5. Developing educational programs and professional training pathways.
6. Establishing appropriate educational and technical standards for Pilates instruction.
7. Supporting the scientific development of Pilates through research, education, and professional exchange.
8. Promoting safe, responsible, and ethical Pilates practice.
9. Organizing international congresses, conferences, seminars, workshops, and educational events.
10. Supporting the development of qualified Pilates instructors and professionals.
11. Promoting international competitions, festivals, demonstrations, and professional events where appropriate.
12. Establishing continental and regional cooperation structures.
13. Encouraging cooperation with international sports organizations, educational institutions, and professional associations.
14. Supporting the development of Pilates in countries and regions where educational opportunities are limited.
15. Promoting the exchange of knowledge, experience, and professional expertise.
16. Protecting the professional integrity and institutional identity of the Confederation.
17. Supporting the development of international Pilates education and certification systems.
18. Encouraging the participation of women and men in Pilates education, professional development, and international activities.
19. Promoting accessibility, inclusion, and equal opportunities in Pilates.
20. Developing long-term international strategies for the sustainable growth of Pilates.

ARTICLE 3

INTERNATIONAL MEMBERSHIP AND MEMBER COUNTRIES

3.1 Membership Structure

The World Pilates Confederation shall establish an international membership structure composed of national Pilates organizations, recognized country representatives, and other membership categories approved by the Confederation.

3.2 Member Countries in 2026

According to the Confederation's membership information for 2026, the WPC recognizes:

80 Member Countries.

The official list of member countries shall be maintained by the Confederation and updated periodically.

3.3 National Representation

Each member country may designate an authorized national representative or recognized national organization in accordance with the membership regulations of the Confederation.

3.4 Membership Responsibilities

Member countries shall:

1. Respect the Constitution and regulations of the WPC.
2. Support the mission and objectives of the Confederation.
3. Promote the development of Pilates within their respective countries.
4. Maintain professional and ethical standards.
5. Cooperate with the Confederation in international educational and organizational activities.
6. Provide accurate information regarding their national representation.
7. Participate in international meetings and activities where appropriate.
8. Respect the rights and responsibilities of other member countries.

3.5 Membership Rights

Recognized member countries may:

1. Participate in the General Assembly.
2. Submit proposals and recommendations.
3. Participate in international programs and events.
4. Nominate eligible representatives for positions in accordance with election regulations.
5. Receive official information and organizational updates.
6. Participate in educational and professional development opportunities.
7. Request assistance and cooperation from the Confederation.

3.6 Admission of New Members

Applications for membership shall be reviewed according to the membership regulations established by the Confederation.

Admission shall be subject to verification of the applicant's identity, organizational status, professional activities, and compliance with the requirements of the WPC.

3.7 Suspension or Termination

Membership may be suspended or terminated in cases of:

* Serious violations of the Constitution.
* Misuse of the Confederation's name or official identity.
* Fraudulent representation.
* Serious ethical misconduct.
* Failure to fulfill membership obligations.
* Other grounds established by the membership regulations.

Any suspension or termination shall follow a fair procedure, including notification and an opportunity for the affected member to respond.

ARTICLE 4

ORGANIZATIONAL STRUCTURE

The organizational structure of the World Pilates Confederation shall consist of the following bodies:

4.1 General Assembly

The General Assembly shall be the supreme representative body of the Confederation.

4.2 Supreme Presidency

The Supreme Presidency shall provide institutional leadership, strategic guidance, and long-term direction for the Confederation.

4.3 President

The President shall serve as the principal executive leader of the Confederation.

4.4 Executive Board

The Executive Board shall consist of seven members and shall be responsible for the administration, governance, strategic implementation, and operational supervision of the Confederation.

4.5 Secretary General

The Secretary General shall coordinate the administrative operations, official communications, meetings, records, and implementation of decisions.

4.6 Treasurer

The Treasurer shall oversee financial administration, budgeting, financial reporting, and the proper management of Confederation funds.

4.7 International and Continental Representatives

The Confederation may appoint representatives for member countries, continents, and regional areas.

4.8 Specialized Committees

The Confederation may establish educational, technical, scientific, ethical, competition, and other specialized committees.

ARTICLE 5

THE GENERAL ASSEMBLY

5.1 Authority

The General Assembly shall be the highest representative decision-making body of the World Pilates Confederation.

5.2 Composition

The General Assembly shall consist of eligible representatives of recognized member countries.

5.3 Responsibilities

The General Assembly shall:

1. Review the overall activities of the Confederation.
2. Approve major strategic policies.
3. Elect the Executive Board in accordance with election regulations.
4. Review annual reports.
5. Review financial reports.
6. Consider proposals submitted by member countries.
7. Approve amendments to the Constitution.
8. Establish general priorities for international Pilates development.
9. Consider matters of significant institutional importance.

5.4 Meetings

The General Assembly shall meet at least once every four years for an ordinary session.

Extraordinary meetings may be convened when necessary in accordance with the applicable regulations.

5.5 Voting

Voting rights shall be determined by the membership and election regulations.

Unless otherwise specified, decisions shall be adopted by a simple majority of valid votes cast.

Constitutional amendments shall require the special majority established under Article 16.

5.6 Participation

Meetings may be conducted in person, online, or through a combination of both, subject to the applicable meeting regulations.

ARTICLE 6

THE SUPREME PRESIDENCY

6.1 Institutional Role

The Supreme Presidency shall provide strategic guidance and institutional oversight for the long-term development of the Confederation.

6.2 Responsibilities

The Supreme Presidency shall:

1. Support the mission and institutional continuity of the WPC.
2. Provide strategic guidance for international development.
3. Promote cooperation among the President, Executive Board, and member countries.
4. Support the development of international partnerships.
5. Encourage the preservation of Pilates heritage.
6. Promote the international reputation and integrity of the Confederation.
7. Support the implementation of long-term development strategies.

6.3 Institutional Cooperation

The Supreme Presidency shall work in cooperation with the President and Executive Board.

The Supreme Presidency shall not independently override the Constitution or decisions reserved to the General Assembly.

6.4 Accountability

The exercise of authority under the Supreme Presidency shall remain subject to the Constitution and applicable governance regulations.

ARTICLE 7

THE PRESIDENT

7.1 Position

The President shall be the principal executive representative of the World Pilates Confederation.

7.2 Responsibilities

The President shall:

1. Represent the Confederation in international relations.
2. Lead the implementation of the Confederation's strategic objectives.
3. Preside over meetings of the Executive Board.
4. Coordinate the work of the Executive Board.
5. Promote cooperation among member countries.
6. Support the development of international Pilates programs.
7. Represent the Confederation at congresses, conferences, and official meetings.
8. Supervise the implementation of decisions adopted by the General Assembly.
9. Support the development of continental and regional structures.
10. Promote cooperation with recognized international sports and educational organizations.
11. Ensure that the Confederation operates in accordance with its Constitution.
12. Submit reports on the activities and development of the Confederation.

7.3 Executive Authority

The President shall exercise executive authority within the limits established by the Constitution and decisions of the General Assembly.

7.4 Accountability

The President shall be accountable to the General Assembly and shall work in cooperation with the Executive Board.

ARTICLE 8

THE SEVEN-MEMBER EXECUTIVE BOARD

8.1 Composition

The Executive Board shall consist of seven members.

The positions shall be:

1. President.
2. Vice President.
3. Secretary General.
4. Treasurer.
5. Representative of Member Countries.
6. Executive Board Member.
7. Executive Board Member.

The President shall serve as Chair of the Executive Board.

8.2 General Responsibilities

The Executive Board shall be responsible for the governance, administration, strategic planning, and operational supervision of the Confederation.

8.3 Duties of the Executive Board

The Executive Board shall:

1. Implement decisions of the General Assembly.
2. Develop and approve operational plans.
3. Coordinate international activities.
4. Supervise the work of the Confederation's departments and committees.
5. Review membership applications and recommendations.
6. Support the development of national Pilates organizations.
7. Prepare annual reports.
8. Review financial administration.

9. Establish educational and technical development priorities.
10. Support international cooperation.
11. Review proposals submitted by member countries.
12. Promote ethical and professional standards.
13. Monitor the implementation of strategic programs.
14. Establish working groups when necessary.
15. Protect the institutional interests and reputation of the Confederation.

8.4 Meetings

The Executive Board shall meet at least four times per year.

Meetings may be held in person or online.

Extraordinary meetings may be convened by the President or in accordance with the Executive Board's meeting regulations.

8.5 Decisions

Executive Board decisions shall be adopted by a majority of members present and voting, provided that the meeting satisfies the applicable quorum requirements.

8.6 Records

The Secretary General shall maintain official records of Executive Board meetings, including agendas, minutes, decisions, and attendance.

8.7 Conflicts of Interest

Executive Board members shall disclose any personal, professional, or financial interests that may affect their official responsibilities.

Members shall not participate in decisions where a conflict of interest requires their recusal.

ARTICLE 9

VICE PRESIDENT

9.1 Position

The Vice President shall support the President in the administration and international development of the Confederation.

9.2 Responsibilities

The Vice President shall:

1. Assist the President in implementing the Confederation's strategic objectives.
2. Coordinate assigned international programs.
3. Support cooperation among member countries.
4. Assist in the supervision of continental and regional activities.
5. Promote international educational and professional development.
6. Support the work of the Executive Board.
7. Represent the Confederation when officially delegated.
8. Assist in the preparation of international meetings and congresses.
9. Support the implementation of decisions adopted by the Executive Board.

9.3 Acting President

In the temporary absence or incapacity of the President, the Vice President shall perform the President's delegated duties in accordance with the Constitution and applicable regulations.

9.4 Accountability

The Vice President shall report to the President and Executive Board.

ARTICLE 10

SECRETARY GENERAL

10.1 Position

The Secretary General shall be responsible for the administrative coordination of the Confederation.

10.2 Responsibilities

The Secretary General shall:

1. Manage the official administrative operations.
2. Maintain official correspondence.
3. Prepare agendas for meetings.
4. Record and distribute meeting minutes.
5. Maintain official organizational documents.
6. Coordinate communications with member countries.
7. Maintain membership records.
8. Support the implementation of Executive Board decisions.
9. Coordinate administrative activities with committees.
10. Prepare annual administrative reports.
11. Maintain official documentation and archives.
12. Support the organization of congresses and international meetings.

10.3 Official Records

The Secretary General shall maintain accurate and secure records of the Confederation.

10.4 Accountability

The Secretary General shall report to the President and Executive Board.

ARTICLE 11

TREASURER AND FINANCIAL ADMINISTRATION

11.1 Position

The Treasurer shall be responsible for the financial administration of the Confederation.

11.2 Responsibilities

The Treasurer shall:

1. Maintain accurate financial records.
2. Prepare annual budgets.
3. Monitor income and expenditure.
4. Manage membership-related financial records.
5. Prepare financial reports.
6. Support transparent financial administration.
7. Monitor approved payments and financial obligations.
8. Maintain appropriate financial documentation.
9. Report financial matters to the Executive Board.
10. Support the preparation of annual financial statements.

11.3 Financial Principles

The Confederation shall operate according to the following principles:

* Transparency.
* Accountability.
* Responsible financial management.
* Proper documentation.
* Appropriate internal controls.
* Compliance with applicable law.

11.4 Financial Reports

The Treasurer shall submit financial reports to the Executive Board at least annually.

The General Assembly shall receive the financial report in accordance with the reporting regulations.

11.5 Financial Oversight

The Executive Board shall review the Confederation’s financial administration.

The Confederation may establish an independent financial review or audit mechanism when appropriate or required by applicable law.

ARTICLE 12

REPRESENTATIVE OF MEMBER COUNTRIES

12.1 Position

The Representative of Member Countries shall support communication, coordination, and cooperation between the Confederation and its national members.

12.2 Responsibilities

The Representative shall:

1. Communicate the interests and concerns of member countries.
2. Support cooperation among national representatives.
3. Assist in collecting membership information.
4. Promote participation in international meetings.
5. Support the development of national Pilates organizations.
6. Communicate relevant decisions to member countries.
7. Assist in identifying international development needs.
8. Encourage cooperation among different regions.
9. Submit recommendations to the Executive Board.
10. Support the development of membership services.

12.3 Representation

The Representative shall act in the collective interests of the Confederation’s recognized members.

12.4 Accountability

The Representative shall report to the Executive Board and maintain communication with member countries.

ARTICLE 13

ADDITIONAL EXECUTIVE BOARD MEMBERS

13.1 Position

The two additional Executive Board members shall support the governance and development of the Confederation.

13.2 Responsibilities

The members shall:

1. Participate in Executive Board meetings.
2. Contribute to strategic planning.
3. Support international development programs.
4. Review proposals and reports.
5. Participate in assigned working groups.
6. Promote cooperation among member countries.
7. Support the implementation of decisions.
8. Provide professional and organizational recommendations.

13.3 Special Assignments

The Executive Board may assign specific responsibilities to these members according to their experience and the needs of the Confederation.

13.4 Accountability

Both members shall act in accordance with the Constitution and decisions of the Executive Board.

ARTICLE 14

EDUCATION, TECHNICAL AND SPECIALIZED COMMITTEES

14.1 Establishment

The Confederation may establish specialized committees to support its international programs.

14.2 Education Committee

The Education Committee shall:

1. Support the development of Pilates educational programs.
2. Promote professional instructor development.
3. Develop educational recommendations.
4. Support international educational cooperation.
5. Encourage continuing professional development.
6. Support the preparation of educational materials.
7. Promote appropriate educational quality standards.

14.3 Technical Committee

The Technical Committee shall:

1. Support technical development in Pilates.
2. Review professional and technical recommendations.
3. Promote safe and responsible practice.
4. Support the development of technical guidelines.
5. Encourage professional exchange.
6. Assist in reviewing technical educational content.

14.4 Scientific and Research Committee

The Confederation may establish a Scientific and Research Committee to:

1. Promote scientific research related to Pilates.
2. Encourage cooperation with universities and research institutions.
3. Support evidence-informed educational development.
4. Promote scientific conferences and publications.
5. Encourage the exchange of research findings.

14.5 Ethics Committee

The Ethics Committee may:

1. Review ethical concerns.
2. Promote professional integrity.
3. Recommend appropriate disciplinary procedures.
4. Support fair and responsible conduct.
5. Advise the Executive Board on ethical matters.

14.6 Competition and Events Committee

The Confederation may establish a Competition and Events Committee to:

1. Support international Pilates events.
2. Develop event regulations.
3. Coordinate international competitions and festivals.
4. Promote fair participation.
5. Support event organization and professional cooperation.

14.7 Committee Appointments

Committee members shall be appointed in accordance with regulations approved by the Executive Board.

14.8 Committee Accountability

All committees shall operate within the Constitution and report to the Executive Board through their designated leadership.

ARTICLE 15

CONTINENTAL AND REGIONAL STRUCTURES

15.1 Continental Development

The Confederation may establish continental offices, regional sections, and international representative structures.

15.2 Continental Regions

The Confederation may organize its activities through the following continental regions:

1. Europe.
2. Asia.
3. Africa.
4. North America.
5. South America.
6. Oceania.

15.3 Continental Representatives

Continental representatives may be appointed to support:

* International communication.
* Regional development.
* Membership coordination.
* Educational cooperation.
* International events.
* Cooperation among national organizations.

15.4 Regional Responsibilities

Continental and regional representatives shall:

1. Support the implementation of WPC policies.
2. Maintain communication with member countries.
3. Promote regional Pilates development.
4. Support international educational activities.
5. Identify regional priorities.
6. Submit reports to the Confederation.
7. Promote cooperation among national representatives.

15.5 Authority

Continental offices and representatives shall operate under the authority of the Confederation.

They shall not independently establish policies contrary to the Constitution.

15.6 Regional Meetings

The Confederation may organize continental meetings, conferences, and educational programs.

ARTICLE 16

ELECTIONS, TERMS OF OFFICE AND SUCCESSION

16.1 Election of the Executive Board

The Executive Board shall be elected by the General Assembly in accordance with the election regulations of the Confederation.

16.2 Eligibility

Candidates shall meet the eligibility requirements established by the Confederation.

16.3 Term of Office

The term of office of the Executive Board shall be four years unless otherwise determined by an approved transitional or election regulation.

16.4 Re-election

Executive Board members may be re-elected in accordance with the election regulations.

16.5 Election Procedure

The election regulations shall establish:

1. Candidate eligibility.
2. Nomination procedures.
3. Voting procedures.
4. Election supervision.
5. Vote counting.
6. Announcement of results.
7. Procedures for resolving election disputes.

16.6 Vacancies

In the event of a vacancy, the Executive Board may appoint an interim replacement in accordance with the applicable regulations.

The appointment shall be subject to confirmation by the General Assembly where required.

16.7 Removal

An Executive Board member may be removed from office for serious misconduct, incapacity, or substantial violation of the Constitution.

Removal shall follow a fair procedure and shall be subject to the authority of the appropriate governing body.

ARTICLE 17

INTERNATIONAL PROGRAMS AND ACTIVITIES

17.1 International Congresses

The Confederation may organize international congresses, conferences, and professional meetings.

17.2 Educational Programs

The Confederation may develop and coordinate educational programs for Pilates instructors and professionals.

17.3 International Cooperation

The Confederation may establish cooperation agreements with:

* National Pilates organizations.
* Educational institutions.
* Universities.
* Sports organizations.
* Professional associations.
* Research institutions.
* International organizations.

17.4 International Events

The Confederation may organize international competitions, festivals, demonstrations, and other professional events.

17.5 Development Programs

The Confederation may establish programs to support Pilates development in member countries.

17.6 Heritage Preservation

The Confederation shall promote the preservation and responsible development of Pilates heritage.

ARTICLE 18

EDUCATION, CERTIFICATION AND PROFESSIONAL STANDARDS

18.1 Educational Development

The Confederation may establish educational frameworks and professional development programs.

18.2 Certification

The Confederation may issue certificates and educational credentials through authorized programs and recognized educational structures.

18.3 Educational Quality

Educational programs should promote:

1. Professional competence.
2. Appropriate teaching methods.
3. Safe practice.
4. Ethical conduct.
5. Continuing professional development.
6. Respect for Pilates principles and heritage.

18.4 Recognition

The recognition of educational qualifications shall be governed by the relevant regulations and agreements.

18.5 National Authority

The Confederation shall respect applicable national laws and the legal authority of national institutions concerning education, professional qualifications, and certification.

18.6 Official Documentation

The use of official WPC certificates, logos, and educational documents shall be subject to authorization and established regulations.

ARTICLE 19

ETHICS, PROFESSIONAL CONDUCT AND DISCIPLINE

19.1 Ethical Principles

All members, representatives, and officials shall act according to principles of:

* Integrity.
* Fairness.
* Respect.
* Professional responsibility.
* Transparency.
* Non-discrimination.
* Accountability.

19.2 Professional Conduct

Members shall respect the professional rights and responsibilities of other members.

19.3 Misconduct

Misconduct may include:

1. Fraudulent representation.
2. Unauthorized use of official documents.
3. Misuse of the WPC name or logo.
4. Serious ethical violations.
5. Deliberate misrepresentation of membership or official positions.
6. Serious violations of the Constitution.

19.4 Disciplinary Procedure

Disciplinary procedures shall provide:

1. Written notification of allegations.
2. An opportunity to respond.
3. An impartial review.
4. A reasoned decision.
5. An appropriate appeal mechanism.

19.5 Sanctions

Depending on the severity of the violation, sanctions may include:

* Warning.
* Suspension of privileges.
* Suspension of membership.
* Removal from an official position.
* Termination of membership.

19.6 Appeals

The affected individual or organization may appeal a disciplinary decision in accordance with the applicable regulations.

ARTICLE 20

FINANCIAL RESOURCES AND FUNDING

20.1 Financial Resources

The financial resources of the Confederation may include:

1. Membership fees.
2. Educational program revenues.
3. Congress and event revenues.
4. Donations.
5. Sponsorships.
6. Grants.
7. Authorized partnerships.
8. Other lawful sources of income.

20.2 Financial Management

All financial resources shall be managed responsibly and in accordance with applicable law.

20.3 Use of Funds

The funds of the Confederation shall be used exclusively to support its mission, programs, administration, and authorized activities.

20.4 Financial Transparency

The Confederation shall maintain appropriate financial records and reporting procedures.

20.5 Non-Distribution of Profits

The Confederation shall not distribute organizational funds as personal profit to its officials or members.

Reasonable and properly documented expenses incurred for authorized organizational activities may be reimbursed in accordance with financial regulations.

ARTICLE 21

PARTNERSHIPS AND INTERNATIONAL RELATIONS

21.1 International Cooperation

The Confederation may establish partnerships with organizations that share its objectives.

21.2 Cooperation Agreements

The Confederation may enter into memoranda of understanding, cooperation agreements, and educational partnerships.

21.3 International Recognition

The Confederation may seek appropriate recognition, cooperation, and participation in international sports and educational organizations.

21.4 Institutional Independence

Partnerships shall not compromise the Constitution, institutional integrity, or independence of the Confederation.

21.5 Authorization

International agreements shall be approved and signed by authorized representatives in accordance with the applicable regulations.

ARTICLE 22

OFFICIAL COMMUNICATIONS AND DOCUMENTATION

22.1 Official Communications

Official communications shall be issued through authorized channels.

22.2 Official Website

The Confederation may maintain an official website for:

* Organizational information.
* Membership information.
* International activities.
* Educational programs.
* Official announcements.
* Governance documents.
* Publications.

22.3 Official Documents

Official documents shall be issued in accordance with the Confederation's administrative procedures.

22.4 Records

The Confederation shall maintain appropriate records of its governance, membership, financial administration, and activities.

22.5 Institutional Representation

Only authorized representatives may issue official statements on behalf of the Confederation.

ARTICLE 23

AMENDMENTS TO THE CONSTITUTION

23.1 Authority

The Constitution may be amended by the General Assembly.

23.2 Proposals

Amendment proposals may be submitted by:

1. The Executive Board.
2. Recognized member countries.
3. Other authorized bodies in accordance with the regulations.

23.3 Approval

Constitutional amendments shall require approval by at least two-thirds of the valid votes cast by eligible representatives participating in the General Assembly, unless applicable law requires a different threshold.

23.4 Notification

Proposed amendments shall be communicated to eligible members before the meeting in accordance with the meeting regulations.

23.5 Effective Date

Approved amendments shall take effect on the date determined by the General Assembly.

ARTICLE 24

DISSOLUTION

24.1 Dissolution

The Confederation may be dissolved only by a decision of the General Assembly adopted in accordance with applicable law and the required voting procedure.

24.2 Financial Obligations

Upon dissolution, the Confederation shall settle its lawful financial obligations.

24.3 Remaining Assets

Any remaining assets shall be transferred or disposed of in accordance with applicable German law and the legal status of the Confederation.

Remaining assets shall not be distributed as personal profit to members or officials.

24.4 Legal Requirements

The dissolution process shall comply with the applicable legal requirements of the jurisdiction in which the Confederation is registered.

ARTICLE 25

FINAL PROVISIONS

25.1 Governing Document

This Constitution shall serve as the fundamental governance document of the World Pilates Confederation.

25.2 Compliance

All officials, committees, representatives, and member organizations shall respect the provisions of this Constitution.

25.3 Interpretation

Questions concerning the interpretation of this Constitution shall be considered by the Executive Board, subject to the authority of the General Assembly.

25.4 Applicable Law

The Confederation shall operate in accordance with applicable laws and regulations governing its legal status and activities.

25.5 Adoption

This Constitution shall become effective upon its formal adoption by the competent governing body of the World Pilates Confederation.

25.6 Official Publication

The approved Constitution may be published on the official website of the Confederation.

OFFICIAL ORGANIZATIONAL STATEMENT

The World Pilates Confederation was established in 2007 in Mönchengladbach, Germany, with the mission of promoting the international development, education, professional cooperation, and heritage preservation of Pilates.

In 2026, the Confederation's membership information identifies 80 member countries.

Through its General Assembly, Supreme Presidency, seven-member Executive Board, international representatives, continental structures, and specialized committees, the WPC seeks to support international cooperation, educational development, professional standards, and the responsible growth of Pilates worldwide.

The Confederation remains committed to the preservation of Pilates heritage, the promotion of professional integrity, and the advancement of international Pilates education and cooperation.

WORLD PILATES CONFEDERATION (WPC)

Mönchengladbach, Germany

Established: 2007

International Membership: 80 Member Countries – 2026

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